David J. Altman, MD, CLCP

Board-Certified Neurologist • Certified Life Care Planner

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PROFESSIONAL PROFILE

Board-certified neurologist and Certified Life Care Planner with more than two decades of experience spanning clinical neurology, neurorehabilitation, life care planning, and clinical research. Recognized expertise in the evaluation and long-term care planning of individuals with traumatic brain injury, spinal cord injury, stroke, and complex neurological disease, with an established record of expert testimony, medical direction, and peer education.

PROFESSIONAL EXPERIENCE

Neurology Director **2023 – Present**

NeuroRestorative San Antonio / David J. Altman, M.D., P.A. *San Antonio, TX*

Provide neurology consultation for the diagnosis and treatment of patients with complex medical conditions requiring post-acute rehabilitation, including physical, occupational, and speech/cognitive therapies. Educate staff on neurological management of traumatic brain and spinal cord injuries, and develop and oversee neurological treatment protocols.

Neurologist **2011 – 2023**

Methodist Healthcare System / David J. Altman, M.D., P.A. *San Antonio, TX*

Provided neurology consultation for the diagnosis, emergency management, and follow-up inpatient care of patients with stroke, brain injury, spinal cord injury, peripheral nerve injury, and other neurologic conditions across this Level I Trauma Center and Joint Commission–Certified Stroke Center and affiliated hospitals throughout South Texas. Helped develop and build the acute stroke program for the Methodist Healthcare System, in addition to national consulting work.

Life Care Planning & Expert Services **2007 – Present**

Rehabilitation Professional Consultants, Inc. *San Antonio, TX*

Prepare life care plans and professional opinion reports in litigated and non-litigated matters involving individuals with traumatic injuries or chronic disease requiring long-term health care goods and services. Provide independent medical evaluations, consultation services, and expert opinion testimony.

Regional Neurology Advisor **2012 – 2018**

Warm Springs Rehabilitation System *San Antonio, TX*

Oversaw development of the stroke, acquired brain injury, movement disorder, and spinal cord injury programs across all hospitals in the Warm Springs Rehabilitation System.

Neurology Director **2008 – 2014**

Access Quality Therapy Services *San Antonio, TX*

Provided oversight of therapy services delivering interdisciplinary treatment programs for movement disorders and other neurological populations.

Medical Director **2009 – 2011**
Global Rehabilitation *San Antonio, TX*

Served as primary medical director for inpatient rehabilitation services, providing medical direction across all clinical activities, consulting on quality treatment programs and critical pathways, and developing continuing in-service education for medical, clinical, and nursing staff.

Neurology Director **2004 – 2009**
Warm Springs Rehabilitation Hospital *San Antonio, TX*

Oversaw rehabilitation services for all neurology patients in the inpatient rehabilitation hospital. Performed consultations, advised and educated staff on the medical and rehabilitation needs of patients, and served as liaison to administration on rehabilitation issues and community outreach.

Partner **2002 – 2011**
Neurology Center of San Antonio *San Antonio, TX*

Consultant Neurologist **2001 – 2002**
Baystate Medical Center *Springfield, MA*

EDUCATION & TRAINING

Fellowship, Clinical Neurophysiology **2001**
Brown University *Providence, RI*

Residency, Neurology **2000**
University of Texas Health Science Center *San Antonio, TX*

Internship, Medicine **1997**
University of Connecticut School of Medicine *Farmington, CT*

Doctor of Medicine (M.D.) **1996**
University of Connecticut School of Medicine *Farmington, CT*

B.A., Psychology — Magna Cum Laude, Phi Beta Kappa **1992**
Brandeis University *Waltham, MA*

Additional Training

- Medtronic Deep Brain Stimulator Training, 2004
- Neurology Clerkship, Queen Square, London, England, 1996
- Genetics Research Assistant, University of Connecticut Health Center — research on Marfan Syndrome, 1992

LICENSURE & BOARD CERTIFICATION

- Diplomate, American Board of Psychiatry and Neurology, 2004
- Certified Life Care Planner (CLCP), 2012
- Licensed Physician, Texas Medical Board, 2002

PROFESSIONAL AFFILIATIONS

- International Association of Rehabilitation Professionals (IARP)
- International Academy of Life Care Planners (IARP–IALCP)
- American Academy of Neurology (AAN)

- Texas Neurological Society (TNS)

HONORS & AWARDS

- Physician of the Year, Access Quality Therapy Services, San Antonio, TX, 2010
- Top of the POPS Award — Excellence in Parkinson's Disease Treatment, Access Quality Therapy Services, 2010
- Bloomberg Award — Excellence in Psychiatry, 1996
- Magna Cum Laude & Phi Beta Kappa, Brandeis University, 1992

RESEARCH & PUBLICATIONS

- Altman D, Bagwell D. Life Care Planning for Spinal Cord Injury. In: Weed R, Berens D, eds. Life Care Planning and Case Management Handbook, 4th ed. New York, NY: Routledge; 2018:497–531.
- Duloxetine in Patients with Central Neuropathic Pain Due to Multiple Sclerosis (clinical study). 2009.
- A Phase II Randomized, Open-Label, Three-Arm Study Comparing Low- and High-Dose Alemtuzumab and High-Dose Subcutaneous Interferon Beta-1a (Rebif) in Patients with Early, Active Relapsing-Remitting Multiple Sclerosis. 2008.
- An International, Double-Blind, Randomized, Multicenter, Parallel-Group, Historical-Control Conversion-to-Monotherapy Study Evaluating the Efficacy and Safety of Brivaracetam in Subjects with Partial-Onset Seizures (UCB N01306). 2008.
- Dystrophinopathies. eMedicine, 2002.
- Lepromatous Neuropathy. Journal of Clinical Neuromuscular Disease, 2000.

SELECTED PRESENTATIONS & PUBLIC APPEARANCES

- Life Care Planning for Spinal Cord Injury — Virtual ISLCP Conference, 2020
- Pediatric Spinal Cord Injury — Portland, OR, 2019
- Chronic Inflammatory Demyelinating Polyneuropathy — New Orleans, LA, 2019
- Life Care Planning for the Person with Wernicke's Encephalopathy — St. Louis, MO, 2017
- Traumatic Brain Injury — San Antonio, TX, 2017
- Chronic Inflammatory Demyelinating Polyneuropathy — Boston, MA, 2017
- Spinal Cord Injury Rehabilitation — San Antonio, TX, 2016
- Stroke Rehabilitation — San Antonio, TX, 2016
- Diagnosis and Management of CIDP — Annapolis, MD, 2016
- Diagnosis and Management of CIDP — Miami, FL, 2016
- Cerebrovascular Disease — San Antonio, TX, 2015
- Chronic Inflammatory Demyelinating Polyneuropathy — Boston, MA, 2015
- Acquired Brain Injury — San Antonio, TX, 2015
- Acute Rehabilitation for the Individual with Acquired Brain Injury — San Antonio, TX, 2014
- Facing a Motion to Strike or Limit Testimony: The Role of the Expert — San Diego, CA, 2014
- Unique Considerations in Stroke Rehabilitation — San Antonio, TX, 2013
- Use of Tissue Plasminogen Activator in Acute Stroke — San Antonio, TX, 2013
- Childhood Epilepsy Syndromes — San Antonio, TX, 2013
- Acute Rehabilitation of Patients with Traumatic Brain Injury — San Antonio, TX, 2013
- Non-Motor Symptoms of Parkinson's Disease — San Antonio, TX, 2012
- Secondary Stroke Prevention — Brownwood, TX, 2011
- Parkinson's Disease — Global Rehabilitation, 2011

- Mild Traumatic Brain Injury — Alamo Head Injury Association, San Antonio, TX, 2011
- Emerging Therapies in Multiple Sclerosis — San Antonio, TX, 2010
- Selecting Immunomodulatory Therapies in Multiple Sclerosis — Plano, TX, 2010
- Life Care Planning for the Mild TBI Patient — International Symposium on Life Care Planning, Orlando, FL, 2010
- Treatment of Relapsing-Remitting Multiple Sclerosis — MS Support Group, San Antonio, TX, 2010
- Secondary Stroke Prevention — San Antonio, TX, 2010
- The Use of Deep Brain Stimulation for Parkinson's Disease — San Antonio, TX, 2010
- Global Rehabilitation — KENS 5 Television, 2010
- Betaseron for the Treatment of Multiple Sclerosis — San Antonio, TX, 2010
- Current Management of Alzheimer's Disease — San Antonio, TX, 2010
- Treatment Options for Multiple Sclerosis — Victoria, TX, 2010
- Secondary Stroke Prevention with Oral Anti-Platelet Agents — Kerrville, TX, 2009
- Stroke Update 2009 — Floresville, TX, 2009
- Parkinson's Disease Update — San Antonio, TX, 2009
- Early-Onset Parkinson's Disease — San Antonio, TX, 2009
- Rebif for the Treatment of Multiple Sclerosis — Dallas, TX, 2009
- Current Therapies in Multiple Sclerosis — San Antonio, TX, 2009
- Care of the Patient with Multiple Sclerosis — Case Managers Society, San Antonio, TX, 2009
- Parkinson's Disease Management — Alamo Parkinson's Support Group, San Antonio, TX, 2009
- Exelon for the Treatment of Alzheimer's Disease — San Antonio, TX, 2009
- Restless Legs Syndrome: Diagnosis and Treatment — San Antonio, TX, 2008
- Epilepsy Overview — San Antonio, TX, 2008
- Migraine Management — San Antonio, TX, 2008
- Multiple Sclerosis Segment — KENS 5 Television, 2006